

KIT LIST: JORDAN

Desert

Below is the kit you need to bring, with a few words of explanation where appropriate.

Most of the gear with the links you can find much cheaper on ebay in army surplus stores etc. It is worth shopping around. Any queries feel free to email us at: amazon@bushmasters.co.uk

Kit You Need to Bring:

Torch:	Small using AA or AAA batteries. Head torches are ideal, especially those with a red filter, which will stop bugs bothering you at night. Ensure you have spare batteries.
Strong string:	Paracord is ideal, bring about 10 metres, it has loads of uses.
Mosquito repellent:	Preferably with 50% deet. No more. 1 x 50ml bottle is ample.
First Aid kit:	We will have a group, exhaustive med kit, but you need to be able to look after small injuries like cuts and blisters from your own kit: You will need Zinc oxide tape , lipsalve , assorted plasters, wound dressing x2, re-hydration sachets x 12 , blister dressing, hydrocortisone cream , foot powder , pain killers, Vaseline. Most high street chemists sell a ready-made kit.
Sun cream:	Including sun block if necessary. Get UVA & UVB sun block, no more than factor 30 which is waterproof and non scented, ideally. This is essential in the desert.
Daypack	It needs to be robust and big enough to carry your gear and water for the day. About 30L is good
Hydration pack	A minimum 3 litre capacity of water within its own carry pouch. Not just a bladder, it must be independent so you can wear it on its own. Camelbak brand are the best. There are loads of army surplus on ebay.
Sleeping bag:	2 Season lightweight bag is good. It can get very cold in the desert at night!
Roll mat / Thermarest	For padding and insulation from the desert sand. A roll mat is better than a thermarest and cheaper!
Sarong / Towel:	Multiple uses including as a towel and hiding your modesty! The neoprene, water absorbent travel towels are good, but a small normal towel is fine, though a sarong is best.
Swimmers:	Swimming costume, shorts etc.
Sandals:	Tevas/Crocs/Merrels etc. It is important you can wear thick socks with them, it is cold at night!
Sun hat:	Full brim are best, keeps the sun off in the heat of the day. An essential item
Warm kit:	It gets cold at night so a windproof warm jacket such as the duvet style are good. Gloves good idea too as they can double up and be used on the abseils.
Washing kit:	Keep to a minimum. Bring all the sanitary items you need. A 200ml bottle of liquid soap is ideal. Bring a pack of wet wipes. Water is very limited in the desert and these are ideal. A pack of 72 is about right. Hand sanitizing gel is good too.
Boots:	Comfortable boots. There are loads of military desert boots on ebay and these are ideal.
Trousers x 2:	Lightweight and full leg length with plenty of pockets. You wear one pair during the day and change into your spare pair for the night time. Your night trousers can be anything – tracksuit bottoms for example.
Shirts x 2:	Lightweight, long sleeved with breast pockets and collar to keep sun off your neck. Pockets must be buttoned so your gear does not fall out. A long sleeve T-Shirt is OK for nighttime.

Underwear x 3 pairs:	Whatever is comfortable and quick drying. Non-padded cycling shorts and sports bras (for you chaps!) are good as are standard boxer shorts as they tend to prevent chaffing problems.
Socks x 3 pairs:	Hiking type. Ensure they do not have too many man made fibres in them. You wear one pair during the day and change into your spare pair for the night time.
Lighters:	Plastic cheapo types. Zippo's etc will be lost. Just bring one or two.
Sweat rags:	Old T-shirt cut up is perfect.
Watch:	Waterproof, alarm and light on it.
Photocopies:	Good idea generally when traveling to have copies of passport, vaccination card, flight tickets etc. We will store any valuables and spare kit you do not want to take into the desert.
Cash:	US\$ cash is best, we can change into JO cash for you, or ATM's in the main towns will work.
Vaccination card:	Essential
Shades:	Essential and cooler the better. If you have a pair of goggles in case sand storms come through, they are good too

Additional / Extra Kit:

The following are items you may want to bring, but are not essential.

Cameras:	If you have a fancy SLR, big lenses and tripod, then bring it and lots of film/memory cards. The main thing is to protect your equipment from the knocks. A decent bag, which is padded or you can pad with useful items, like a sarong is ideal. Small, waterproof digital cameras are great, but make sure you have spare batteries and memory cards.
Books:	For those quiet nights. Kindle / ipad etc
Extra clothes:	T-shirts, shorts, warm top, extra sarong, trousers, shirts etc. for the last night party, international travel and so on. We do have a few nights in hotels at the beginning and end of the trip, so make sure have a couple of sets.
Goodies	The likes of a favourite snack bar, sachets of coffee, sugar, your favourite tea and so on. Keep it very basic and to a minimum, it is purely a little luxury. If you have a multi tool like a leather man, bring that too. Centrum type multi vitamin tablets are a good idea as is a tube of superglue. You never know what precious item will break, like the sole off your boot, and only superglue has a chance of working in the middle of nowhere!